



**Open to women of all ages  
whether you attend the  
Church or not- we would love  
to meet you!**

---

**A**ctivities

**C**ompanionship

**T**alking

**I**nspiration

**V**ariety

**E**njoyment

**Leaders**

Naomi Rankin  
Helen Arden  
Vivien Whitlock



Email: [naomi.ec.rankin@gmail.com](mailto:naomi.ec.rankin@gmail.com)

---



---

**Active8 is a female group which  
meets for fun and friendship  
throughout the year**

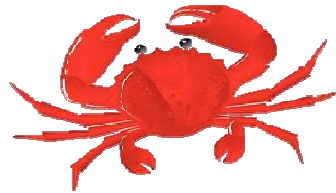
---

**surreychapel**  
— norwich —

**Wednesday 3<sup>rd</sup> August**

**BBQ at the Beach**

Cromer – Speak to Naomi regarding transport



**Saturday 11<sup>th</sup> June 10am**

**Wildlife Walk**

Surlingham (Parking next to Broads Authority Moorings) – speak to Naomi regarding Transport



**Tuesday 27<sup>th</sup> September**

**7pm Movie Night**

Surrey Chapel



TBC  
Oct

22<sup>nd</sup>  
Nov

12<sup>th</sup>  
Dec

**Tuesday 22<sup>nd</sup> November**

**8pm Pizza and Quiz N**

Surrey Chapel

Speak to Naomi about subsidized parking and allergies.



27<sup>th</sup>  
Sep

**Date and time to be confirmed in October**  
**Fungi Foraging with an expert**



**Monday 12<sup>th</sup> December**

**8pm Christmas Cake**

**Decorating**

Bring your own Christmas Cake/ other cake or Christmas craft to decorate.

11<sup>th</sup>  
June

3<sup>rd</sup>  
August